

Stockholm School of Economics

Lifestyle

Exchange is an opportunity for one to grow up and see the world. It was a great experience and a lot of fun to stay in the dorm with other exchange students. It's easy to get together and we hang out very often. Swedish people are very nice and Stockholm is one of the best places to live.



How to prepare for studying

Study at Stockholm School of Economics is competitive. Good grades are not easy but also not too hard to achieve. Every course has its assignment, exam date and course schedule for the whole



semester announced before the course starts so one knows what to expect and can plan ahead. Most of the courses here include seminar where one has to do the reading beforehand and prepare to discuss with others during class.

How to survive the first week

First week was uneasy. It felt kind of lost in this totally new environment. However, things do get better after the orientation when one gets to know others and equipped with useful information for living here. Exchange committee had set up many activities especially the very first weeks so you get to know Stockholm more and get to spend time with others. Moreover, Thai embassy had set up dinner for Thai students in Sweden, thus, a great opportunity to connect with the group of Thai students in Sweden.



Activities

Most of the free time was spent with friends and going on the trip to explore Europe. Stockholm is regard as the capital of Scandinavia. The city itself is beautiful and there are many places worth visiting. Exchange committee also arranged a trip to Kiruna, the Swedish Lapland, where one gets to experience real winter and participate in winter activities such as dog sledging, snowmobile, ice hotel, northern light, etc. Having opportunities to travel around Europe are definitely unforgettable experiences.

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